



'Love and Logic' offers guidance

Parents minimize arguments, build positive relationships with children

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APPLE VALLEY • A few years ago Carolyn Schmidt thought she had reached her wit's end trying to get her then-7-year-old daughter to listen — from cleaning her room to putting on a jacket when it was cold outside.

“We were just yelling constantly,” Schmidt said. “My husband and I were banging our heads against the wall. We were not spankers and we decided we were never going to, but we were both yellers ... and we were both just sick of it.”

Then Schmidt discovered a parenting method she said transformed her home environment: “Love and Logic,” a simple philosophy that aims to teach children the skills to become responsible, capable adults — by sharing decision-making and learning natural consequences as part of a positive, loving child- parent relationship.

“The easiest way for me to describe Love and Logic is the decibel level in our house is now quiet,” Schmidt said. “We don't have to yell anymore.”

Parenting with Love and Logic is an ongoing course free and open to the public through the Academy for Academic Excellence in Apple Valley for the past five years. It's a program offered at several schools and churches across the Victor Valley, and focuses on teaching children ages 6 months to 18 years old to be problem solvers through guidance, encouragement and loving support from their parents.

Love and Logic public classes are held Thursdays from 9 to 10 a.m. or 6:30 to 7:30 p.m. on the Corwin Campus of Academy for Academic Excellence, 18350 US Highway 18, in Apple Valley. For more information, contact Moler at (760) 946-5414 ext. 289.

To view video online – visit

<http://www.vvdailypress.com/video/?videoid=60611453001&lineupId=1170502784&play=now>

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Parents in the Academy for Academic Excellence's 'Love and Logic' program learn how to cope with behavior problems, how to bring up the tough subjects with children and other parenting tips.



- **PARENTING TIPS:** Love and Logic Instructor Mandy Moler teaches a classroom of parents at Academy for Academic Excellence in Apple Valley. AAE uses the discipline program in the classroom and teaches it to parents to use in the home.



LEARNING: Rochella Lewis listens to the Love and Logic class at the Academy of Academic Excellence recently, while Max LeMaster waits and plays with Lewis' phone.

Photos by James Quigg

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